Fall Class Begins Monday, September 13, 2021

NAMI* FAMILY-TO-FAMILY EDUCATION PROGRAM

FREE for family members, partners and significant others of individuals living with

Bipolar Disorder/Manic Depression
Major Depression
Borderline Personality Disorder
Schizophrenia and Schizoaffective Disorder
Panic Disorder & Obsessive Compulsive Disorder
Co-occurring Brain Disorders & Addictive Disorders
Post Traumatic Stress Disorder - PTSD

A series of 8 weekly classes structured to help family members/caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it’s like to have a loved one struggling with one of these brain disorders. There is no cost to participate in the NAMI Family-to-Family Education Program. Over 300,000 family members in the U.S., Canada, Mexico and Italy have completed this course. We think you will be pleased by how much assistance the program offers.

We invite you to call for more information and to register. Please register by August 31, so there is time to deliver your notebook and class materials.

Classes start: Monday, September 13
Class meets for eight Mondays. Last class: November 1
Class will meet via ZOOM.
6:30 – 9:00 p.m.

Co-Teachers: Janet Brumbaugh c. 316-734-2082
Victoria Jackson c. 316-200-5951
Tim Shook c. 316-259-7945

For family members, partners and significant others only.
Registration required.
Classes limited to 20 persons.

This Family-to-Family Education Program is sponsored by NAMI Wichita, NAMI Kansas and the *National Alliance On Mental Illness (NAMI)

www.namiwichita.org